- 1 "If you want to live a happy life, tie it to a goal, not to people or things."
  - Albert Einstein
- 2 "You are never too old to set another goal or to dream a new dream."
  - C.S. Lewis
- 3 "The only thing that will stop you from fulfilling your dreams is you."
  - Tom Bradley
- 4 "Setting goals is the first step in turning the invisible into the visible."
  - Tony Robbins
- 5 "What is not started today is never finished tomorrow."
  - Johann Wolfgang von Goethe
- 6 "Start where you are. Use what you have. Do what you can."
  - Arthur Ashe
- 7 "You measure the size of the accomplishment by the obstacles you have to overcome to reach your goals."
  - Booker T. Washington
- 8 "If we have a goal and a plan, and are willing to take risks and mistakes and work as team, we can choose to do the hard thing."
  - Scott Kelly
- 9 "The people who are crazy enough to think they can change the world are the ones who do."
  - Steve Jobs
- 10 "Dream as if you'll live forever, live as if you'll die today."
  - James Dean